

GOOD LIFE CLUB



NEWSLETTER



Tuesday Talks



On March 13, Good Life Club made their way to Milwaukee for a tour at the Mitchell Park Domes featuring the annual train display in the Show Dome. Afterwards, lunch was enjoyed at the iconic Sobelman's Pub & Grill and included their famous Bloody Marys. The last stop of the day was at Milwaukee Public Market for a bit of shopping. All made even more enjoyable with beautiful blue skies!

Not So Sure It's Spring Yet!

This year, Spring has been a roller-coaster, hasn't it? One day you're wearing short sleeves, the next it's pouring rain, and the next you're bundled back up in a winter coat. I feel bad for all the birds that have returned from their migration and were met with cold, wet, and snow.

I hope that you'll find many items of interest in this Spring issue of the newsletter. We'll, once again, be hosting the Good Life Club Annual Party at Cotton Exchange in Waterford, and I hope you will join us for the ¡Fiesta!

There are 3 trips to choose from inside - including a return to East Troy on the Birthday Bus to help me celebrate turning 65! I guess you could say all the trips are return trips this time around. We go back to the Fireside in May for the Carole King Musical and we return to the Sanfilippo Estate in August. It's been several years since we've been to Sanfilippo, but its remarkable collection of music machines has made it a GLC fave. Don't forget to sign your waivers - they are located on the back of the reservation forms this time around. Don't let your reservation get bumped because signatures weren't included or you signed for someone else!

Along with our Tuesday Talks, the collaboration between the Walworth County ADRC, IGET, and Good Life Club continues to bring Caregiver Workshops for dementia caregivers and interesting and informative Smart Seniors programs. Please take advantage of these free opportunities and share them with your friends and family members!

Until we see you next time - stay dry, learn new things, and enjoy your Good Life!

Cheryl,
and the rest of the GLC team!

HELD THE 3RD FRIDAY OF EVERY OTHER MONTH
5:30PM - 7:30PM
IGET COMM CENTER
2040 BEULAH AVE
EAST TROY

Apr. 19 - Caregiver Advocacy
June - No Workshop
Aug. 16 - Engagement Strategies
Oct. 18 - Stress Management
Dec. 20 - Navigating the Holidays

HELD THE LAST TUESDAY OF EVERY OTHER MONTH
1:30PM AND 5:30PM
IGET COMMUNITY CENTER
2040 BEULAH, EAST TROY
SCHEDULE TBD

HELD THE 2ND TUESDAY OF EVERY OTHER MONTH
10:00AM - 11:30AM
BROOKLIFE CHURCH
857 S ROCHESTER
MUKWONAGO

Apr. 9 - Nutritionally Grounded
June 11 - ABCs of Investing
Aug. 13 - Author Mary Ann Noe
Oct. 8 - Off the Square Players
Dec. 10 - TBD



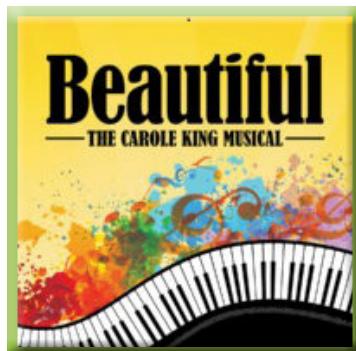
Tuesday Talks are open to Good Life Club members and their guests. Caregiver Workshops and Smart Seniors are open for all to attend. All are free of charge, but seats are limited. Register by week prior. Contact Cheryl at 262-378-4841 or cchapman@citizenbank.bank.

Where
We've
Been
Mitchell
Park Domes

Cash the Dog
Rescue Fair
Saturday, April 20, 2024
9:00AM - 1:00PM
Field Park, Mukwonago

iTiempo para una
Fiesta!
SEE INSIDE FOR ALL THE DETAILS
ON THIS YEAR'S ANNUAL PARTY

UPCOMING TRIPS/EVENTS



Beautiful - THURSDAY, MAY 23, 2024

COST PER PERSON - \$115.00

GUESTS ARE WELCOME

RESERVATIONS MUST BE RECEIVED BEFORE 5:00PM ON FRIDAY, APRIL 19, 2024.

Full payment guarantees your reservations.

Return your reservations with check made out to: Good Life Club.

Before she was hit-maker Carole King - she was Carole Klein, a spunky, young songwriter from Brooklyn, New York, with a unique voice. Now, she is one of the most successful songwriters of the latter half of the 20th century.

From the chart-topping hits she wrote for the biggest acts in music to her own life-changing, trailblazing success with the album *Tapestry*, BEAUTIFUL - The Carole King Musical takes you back to where it all began. Featuring such unforgettable classics as "You've Got a Friend," "One Fine Day," "You've Lost that Lovin' Feeling," and "Natural Woman" this award-winning musical phenomenon is filled with the songs you remember and a story you'll never forget.

There will be time to check out the shops before lunch and prior to the performance. Meal choices include **Supreme Cut Chicken Breast** seasoned with lemon pepper and seared, **Grilled Hanger Steak** marinated in red ale and brown sugar before being grilled and topped with Bleu cheese herb sauce, or **Rainbow Trout** seasoned with fresh herbs and lemon butter. Entrees served with Butternut Squash Au Gratin and Garlic Green Beans. All meals begin with signature House Salad and finish with Georgia Pecan Pie. Coffee, Tea, and Milk included. Other beverages available for purchase.

Bring a personal cooler in case we have time to stop at Jones Market on the way home!

Activity Level: *Low-Mod*

Pick-up & Drop-off Point:

Big Bend Park & Ride

(Hwys I-43 & 164)

Pick-up: 9:30 AM

Return: 5:30 PM

BT: Birthday Bus - THURSDAY, JUNE 13, 2024

COST PER PERSON - \$65.00

GUESTS ARE WELCOME

RESERVATIONS MUST BE RECEIVED BEFORE 5:00PM ON FRIDAY, MAY 24, 2024.

Full payment guarantees your reservations.

Return your reservations with check made out to: Good Life Club.

Yes - that's right! We're celebrating another one of Cheryl's milestone birthdays. She becomes Medicare eligible when she finishes her 65th trip around the sun, so we're heading back to her hometown for some fun!

When we visited East Troy on a Backyard Treasures jaunt five years ago, the focus was on the amazing food scene there. While that is still going strong, this time around we're going to focus on history and the many unique shops located around the village square. We'll start our day learning more about the area's past with a stop at the East Troy Area Historical Society to tour the museum. Then a step-on guide will take us around to hear about some notable figures from the Village's past.

Once the tour is complete, we'll enjoy lunch at the historic East Troy House which will include a wine tasting courtesy of The Global Glass. Lunch choices include three of the restaurant's most popular menu items. Choose from **CBR Wrap** - crispy chicken, bacon, tomatoes, cheddar-jack cheese, romaine lettuce and ranch dressing in a flour tortilla wrap or **Reuben Sandwich** - corned beef, sauerkraut, Swiss cheese, and Thousand Island dressing on grilled rye or **Beet Salad** with spring greens, pickled beets, goat cheese, pickled red onions, candied walnuts, and balsamic vinaigrette. There might be a birthday treat, too.

Afterwards, there will be time to visit local shops within walking distance around The Square. Next, will be a visit to the East Troy Electric Railroad for a little more area history and a ride on the electric railroad. Our last stop will be at the Elegant Farmer for those who want to pick up one of their famous Apple Pies in a Bag, cheeses, or other treats.

Wear comfy walking shoes and bring a personal cooler for your purchases. Itinerary may change based on weather and availability

Activity Level: *Mod-High*

Pick-up & Drop-off Point:

Big Bend Park & Ride

(Hwys I-43 & 164)

Pick-up: 9:00 AM

Return: 5:30 PM

CITIZENS BANK

citizenbank.bank 262-363-6500

Member FDIC



Sanfilippo Estate - THURSDAY, AUG 15, 2024

COST PER PERSON - \$89.00

GUESTS ARE WELCOME

RESERVATIONS MUST BE RECEIVED BEFORE 5:00PM ON WEDNESDAY, JULY 24, 2024.

Full payment guarantees your reservations.

Return your reservations with check made out to: Good Life Club.

When Gaspare Sanfilippo and his son, John, founded their pecan shelling company in 1922, they probably didn't imagine the results of their hard work would include one of the largest collections of music machines ever.

Before there were jukeboxes and radios, there were ingenious mechanical music machines that played for the entertainment of the public. With elaborate, artistic facades, the machines filled skating rinks, dance halls, hotels, and all manner of public establishments with the music of the day. The Sanfilippo Collection displays the largest variety of restored instruments of this type in the world - including the world's largest indoor theatre pipe organ and the most complete example of a European Salon Carousel in existence. Our 3-hour docent-led walking tour will be an amazing and magical journey of sight, sound, and music.

To take care of the appetite worked up from the tour, we'll make a short trip over to Kelsey Road House for lunch in their charming Garden Room. Lunch choices are to be determined.

Since Fisher Nuts was acquired by the Sanfilippo Family Company in 1955, it's only fitting that we make our final stop at their outlet store in Elgin, IL. There's plenty of room under the bus, so you can stock up on nuts, snacks, baking items, and gifts.

Wear good walking shoes since you'll be on your feet during the tour.

Activity Level: Moderate

Pick-up & Drop-off Point:

Mukwonago Park & Ride

(Hwys I-43 & 83)

Pick-up: 8:00 AM

Return: 6:00 PM

Memory Cafe meets monthly at East Troy's IGET Community Center every 3rd Tuesday from 1:30PM to 3PM offering a free, safe place for those with dementia and their caregivers to socialize and participate in activities with others.

ACTIVITY LEVELS

Please call or email if you have questions about a listed activity level for a trip.

Low

Walking at a leisurely pace, boarding the coach, sitting most of the time, and climbing minimal stairs.

Moderate

Average level of walking/activity including climbing stairs and possibly walking on uneven surfaces.

High

Longer periods of walking and/or standing, along with climbing stairs and increased level of activity may be involved.

MAIL COMPLETED RESERVATION FORMS WITH YOUR PAYMENT TO:

CITIZENS BANK - GOOD LIFE CLUB, P.O. BOX 223, MUKWONAGO, WI 53149

TRIP/PAID EVENT RESERVATIONS: Spots are reserved strictly on a first-come, first-serve basis. Reservations cannot be held without payment. Calling in your trip/paid event reservation will not hold your spot. Only full payment guarantees your reservation. If guests are allowed, the number may be limited to one per Good Life Club member. A reservation confirmation postcard listing specific departure points and times will be sent out approximately one week prior to the trip's departure date. No reminders will be sent for social events (free or paid) or seminars.

WAITLISTS: Should space fill for a trip or event, a waitlist will be created. Names will be listed in order of when reservations (trip/paid events reservations must include payment) are received. Guests will be notified in order should a cancellation occur and given 24 hours to respond before moving on to next person on the list. Uncashed checks held for waitlist reservations will be securely destroyed day after the trip/event.

CANCELLATIONS: Should a paid trip or event be cancelled by Good Life Club or vendors, a full refund will be given.

REFUNDS: On all paid trips/events, a full refund will be given if we are notified of member/guest cancellation at least one day before the trip RSVP deadline OR if vacant seat can be resold by 24 hours prior to departure. We regret that money cannot be refunded if we are unable to resell cancelled seat or if guest/member are unable to attend at the last minute.

GIFT CERTIFICATES: Gift certificates must accompany reservation forms and may be used only for the person issued the certificate. Certificates or coupons issued prior to 2016 are no longer valid.

WAIVERS: All members and their guests will sign a waiver included with reservation forms holding all parties involved including Citizens Bank, coach rental company, venues, restaurants, etc. harmless for loss, theft, injury, and/or illness for all trips, social events, and seminars or workshops.

QUESTIONS? Contact Cheryl by stopping in, calling 262-378-4841, or emailing cchapman@citizenbank.bank.

Prices listed for trips and events include all costs, admission fees, tips, and other gratuities unless otherwise noted.

HAVE A QUESTION OR SUGGESTION?

Your Good Life Club Team is always looking for ideas and suggestions for trips and activities. Drop us a note, send an email, give a call, or stop in to see us. We love to hear from you!

What's Coming Up

Trip/Event

Reservation

May	Fireside - Beautiful!	By April 19*
June	BT - Birthday Bus	By May 24*
July	Annual GLC Party	By July 2*
Aug	Sanfilippo Estate	By July 24*
Oct	Lake Geneva Cruise	TBA

*Currently taking reservations. See inside for details.

No phone reservations accepted. All dates and/or destinations subject to change based on availability.

ADDRESS CHANGE? Whether you are moving to a warmer clime for the winter months or relocating permanently, be sure Good Life Club follows you. Club addresses are separate from bank records, so contact Good Life Club when you are on the move! Call 262-378-4841 or email cchapman@citizenbank.bank to update your records.

GOOD LIFE CLUB - PERKS & BENEFITS

Good Life Club members are eligible for free products and services, as well as exclusive access to exciting trips, fun social events, and informative seminars.

Contact a Personal Banker to sign up! Call 262-363-6500.

ENJOY YOUR GOOD LIFE!

Puzzle Challenge

Congratulations to Barbara B. for winning the drawing for our last Puzzle Challenge! *The solution: It is the life of the crystal, the architect of the flake, the fire of the frost, the soul of the sunbeam. This crisp winter air is full of it.*

For this issue's puzzle, each letter has a number value. Determine each letter's value to solve the quote below. Submit your solutions to Cheryl (cchapman@citizenbank.bank) by June 15th to be entered into a drawing for a \$10 Culver's gift card! (Quote must be correct.)

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z

25	14	26		23	26	24	15	25	2	17	15	3		1	4	18	2	11	16					
19	24	12	26		24	11	6		10	14	26	11		11	24	25	15	18	26					
18	26	1	15	12	26	1		14	26	18		3	20	13	26	3	2	11	26	1	1			
	25	14	26		14	15	12	24	11		1	20	15	3		2	1							
24	4	25		25	20		18	26	13	2	13	26		24	3	1	20							

Do you have a favorite quote or quip that you'd like to see used for the puzzle challenge in an upcoming issue? Submit it!

**P.O. Box 223
Mukwonago, WI 53149**

CITIZENS BANK

SHRED EVENTS

9AM TO 11AM

EAGLE
S90W35680 HWY NN
SAT, MAY 4, 2024

VERNON
W236S7050 BIG BEND DRIVE
SAT, JULY 13, 2024

EAST TROY
2541 E MAIN STREET
SAT, SEPT 14, 2024



Abraham's
On-Site Shredding Service

DRIVE UP/DROP OFF - SHREDDED ON-SITE
RESTRICTIONS APPLY

- All persons will remain in their vehicles
- Limit of 2 boxes or bags that can be carried to bins.
- Remove all binder clips, 3-ring notebooks, CDs, ledger books, hard cardboard, plastic, or batteries.
- Assistance will be available, please respect limits.

CITIZENS BANK - MEMBER FDIC

GOOD LIFE CLUB ANNUAL PARTY

¡Tiempo para una Fiesta!



DATE: WEDNESDAY, JULY 17, 2024

TIME: 11:30AM UNTIL 3:00PM*

*DOORS WILL OPEN AT 11:15AM

LOCATION: COTTON EXCHANGE, WATERFORD, WI

COST PER PERSON:

GLC MEMBERS - \$18.00

GUESTS - \$35.00

RETired EMPLOYEES - COMPLIMENTARY

Celebrate Summer during our Annual Party Fiesta with fun and friends plus a fabioso South-of-the-Border buffet created especially for us by the chefs at Cotton Exchange!



Mail completed reservation form/signed waiver and payment to: Citizens Bank/GLC, P.O. Box 223, Mukwonago, WI 53149-0223.

Contact Cheryl at 262-378-4841 or cchapman@citizenbank.com with questions.

2024 Good Life Club Annual Party Reservation

Full payment guarantees your reservation. Return completed form along with signed waiver and your check made out to **Good Life Club** before 5PM on Tuesday, July 2, 2024. **See you soon!**

Name: _____

Address: _____

Phone#: _____ Email: _____

Guest's Name: _____

Guest's Address: _____

Phone#: _____ Email: _____

Please reserve:

_____ seat(s) @ \$18 ea (member)

_____ seat(s) @ \$35 ea (guest)

_____ seats @ \$0 ea (CB Retiree)

_____ Total seats reserved

_____ Total \$ enclosed

Trip and Event Hold-harmless Agreement - Good Life Club Annual Party - ¡Tiempo para una Fiesta!

I/we, the undersigned, release Citizens Bank, Citizens Bank Good Life Club, and all vendors and contractors associated with the above named trip/event from responsibility of loss, injury, theft, and/or illness that should occur during the course of said trip/event.

Member

Date

Member/Guest

Date

Good Life Club Reservation Form

Please reserve ____ seat(s) @ \$115.00 per person for "Beautiful" on May 23, 2024.

Return completed and signed form along with your check made out to: Good Life Club.

Total enclosed \$_____

Pick up point: **Big Bend Only**

Name: _____ **Lunch Choice:** Chicken Hanger Steak Trout

Address (include city, state, zip): _____

Phone#: _____ Email Address: _____

Emergency Contact: _____ Phone#: _____ Allergies: _____

Guest's Name: _____ **Lunch Choice:** Chicken Hanger Steak Trout

Guest's Complete Address: _____

Phone#: _____ Guest's Email Address: _____

Emergency Contact: _____ Phone#: _____ Allergies: _____

Event may be cancelled if minimum requirements are not met. All itineraries subject to change. Cost includes round trip transportation, meals, taxes & tips.
Citizens Bank will not be responsible for any losses, thefts, accidents, illnesses, or injuries that may occur.

Trip and Event Hold-harmless Agreement - Good Life Club "Beautiful"

I/we, the undersigned, release Citizens Bank, Citizens Bank Good Life Club, and all vendors and contractors associated with the above named trip/event from responsibility of loss, injury, theft, and/or illness that should occur during the course of said trip/event.

Member

Guest

Date

Date

Good Life Club Reservation Form

Please reserve ____ seat(s) @ \$65.00 per person for "BT - Birthday Bus" on June 13, 2024.

Return completed and signed form along with your check made out to: Good Life Club.

Total enclosed \$_____

Pick up point: **Big Bend Only**

Name: _____ **Lunch Choice:** CBR Wrap Reuben Beet Salad

Address (include city, state, zip): _____

Phone#: _____ Email Address: _____

Emergency Contact: _____ Phone#: _____ Allergies: _____

Guest's Name: _____ **Lunch Choice:** CBR Wrap Reuben Beet Salad

Guest's Complete Address: _____

Phone#: _____ Guest's Email Address: _____

Emergency Contact: _____ Phone#: _____ Allergies: _____

Event may be cancelled if minimum requirements are not met. All itineraries subject to change. Cost includes round trip transportation, meals, taxes & tips.
Citizens Bank will not be responsible for any losses, thefts, accidents, illnesses, or injuries that may occur.

Trip and Event Hold-harmless Agreement - Good Life Club "Birthday Bus"

I/we, the undersigned, release Citizens Bank, Citizens Bank Good Life Club, and all vendors and contractors associated with the above named trip/event from responsibility of loss, injury, theft, and/or illness that should occur during the course of said trip/event.

Member

Guest

Date

Date

Good Life Club Reservation Form

Please reserve ____ seat(s) @ \$98.00 per person for "Sanfilippo Estate" on Aug. 15, 2024.

Return completed and signed form along with your check made out to: Good Life Club.

Total enclosed \$_____

Pick up point: **Mukwonago Only**

Name: _____ **Lunch Choice:** You will be contacted with selections

Address (include city, state, zip):_____

Phone#: _____ Email Address: _____

Emergency Contact: _____ Phone#: _____ Allergies: _____

Guest's Name: _____ **Lunch Choice:** You will be contacted with selections

Guest's Complete Address:_____

Phone#: _____ Guest's Email Address: _____

Emergency Contact: _____ Phone#: _____ Allergies: _____

Event may be cancelled if minimum requirements are not met. All itineraries subject to change. Cost includes round trip transportation, meals, taxes & tips.
Citizens Bank will not be responsible for any losses, thefts, accidents, illnesses, or injuries that may occur.

Trip and Event Hold-harmless Agreement - Good Life Club "Sanfilippo Estate"

I/we, the undersigned, release Citizens Bank, Citizens Bank Good Life Club, and all vendors and contractors associated with the above named trip/event from responsibility of loss, injury, theft, and/or illness that should occur during the course of said trip/event.

Member

Guest

Date

Date