

GOOD LIFE CLUB



NEWSLETTER

That Pesky COVID-19!

As 2020 rolls on with all its craziness due to the pandemic and a contentious election, I hope everyone has been keeping themselves safe and in good spirits.

Many of you have met my husband Steve who has acted as a handy helper at *Bingo!* and has traveled with us on some of our adventures. He and I have tried to make the best of things by taking small trips around the area. I've taken him to some sites Good Life Club has visited, and other times we go to scout out new ideas for GLC adventures - which I hope will resume in 2021!

Remember our GLC trip to The House on the Rock? We recently traveled there for Steve's first visit. We went with the Ultimate Experience where we explored all three sections of the attraction. Between the House itself and all the collections, ultimate is something of an understatement! We picked up maple syrup and apple cider doughnuts at Pecks Farm Market and swung down through New Glarus to pick up bakery, old-fashioned hot dogs, cheese, and fudge. We definitely overdid it on the goodies, but it was his birthday weekend so he deserved all the treats he wanted, right?

I'm lucky to have him as a companion - especially now when we have to be mindful of the number of people we are around. It is hard, though, and I imagine even harder if you don't have the support of a companion - human or furry. If you are in need of support or assistance - or someone you know is in need of help - please utilize the resources discussed in this issue of the newsletter to help with your burdens. These organizations are there for you, so don't go it alone!

As always, stay safe and well.

Until we see each other again... **...enjoy your good life!**



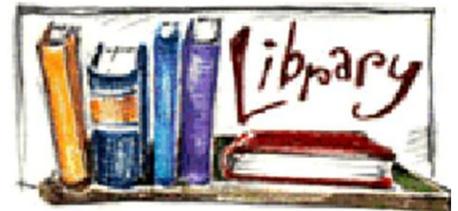
Under Wisconsin state law, there is an Aging and Disability Resource Center (ADRC) agency located in every county. The ADRC provides a broad range of services that are specific to individuals who are older or have disabilities.

Each agency offers a Resource Guide filled with contact information for services including transportation, nutrition, care giving resources, legal advice, and much more. ADRC newsletters are great sources of information, as well, so be sure to sign up for one.

Since we are unable to bring you our Medicare Updates seminar this year, you can get answers to Medicare-related questions, information on the latest Medicare changes, and help comparing different Medicare plans to help make informed choices by contacting your local ADRC and asking to speak with an *Elder Benefits Specialist*.

There are many other services offered by ADRC, but one that is very important to know about is *Adult Protective Services* (APS). If you, or you suspect someone you know, is being abused physically, mentally, sexually, or financially, report it to APS! Their role is to investigate and ensure the safety and well-being of individuals. They can help with legal advice and power-of-attorneys, as well.

Community Resources



Not Just About Books

Your local public libraries are an amazing resource! The folks who run community libraries have recognized that people are in need of more than just books to read. Many institutions have engaging programs for both children and adults that meet in-person or via an online format that range from DIY arts and crafts projects to learning software programs to discussion forums on a variety of subjects.

Libraries offer computer usage with free Internet and access to online catalogs for borrowing books, magazines, and music. Some offer curbside pickup for those uncomfortable with going inside, as well.

The Mukwonago Community Library even has a program called The Thingery where you can check out items such as sewing machines, ukuleles, and outdoor games.

You're never too old to learn something new, and your local public library is just the place to help grow your mind!



If you live in SE Wisconsin and need family, health, or social services outside of

business hours, you can get help by contacting *Impact*. Simply dial their easy to remember phone number - 2-1-1 from any phone - or visit their website at impactinc.com.

Their mission is to help people take steps towards changing their lives for the better through assessment and guidance towards resources to alleviate crises.

No matter where you live, there is help available. In Wisconsin, contact the Dept of Health Services or your local Department of Health and Human Services to find what else is available.

Local ADRC Contact Information

Waukesha County ADRC
262-548-7848 or 1-866-677-2372
waukeshacounty.gov/ADRC/

Walworth County ADRC
262-741-3400 or 1-800-365-1587
walcoadrc@co.walworth.wi.us

What's Coming Up

At this time, all trips, seminars, and social events remain suspended.

This includes the January trip to The Fireside for Church Basement Ladies: The Basement is a Mighty Fortress.

Hang on to any gift certificates issued by Cheryl Chapman. They will be good for one year from the restart date of Good Life Club activities.

No previously issued certificates will be honored.

ADDRESS CHANGE? Whether you are moving to a warmer clime for the winter months or relocating permanently, be sure Good Life Club follows you. Club addresses are separate from bank records, so contact Good Life Club when you are on the move! Call 262.378.4841 or email cchapman@citizenbank.bank to update your records.

GOOD LIFE CLUB - PERKS & BENEFITS

Good Life Club members are eligible for free products and services, as well as exclusive access to exciting trips, fun social events, and informative seminars.

Contact a Personal Banker to sign up! Call 262.363.6500.

ENJOY YOUR GOOD LIFE!

Citizens Bank Update

New Telephone Banking System

We're still social distancing, and it's getting colder out, so Citizens Bank has made it even easier to do your banking from the warm, security of your home. In addition to online and mobile banking options, telephone banking is available.

On October 20, 2020, Citizens Bank put a new enhanced system in place for your telephone banking convenience. The new system has all of the existing functionality of the old system PLUS new features including stop payment*, future dated transactions, and debit card maintenance choices.

Postcards have been sent out to known users of the system with clear instructions on how to set themselves up as a user and options in the new system's menu.

Call 262-363-6550 or 1-877-546-5868 to get started.

For more information about the system's features or for assistance in setting yourself up with telephone banking, contact your Personal Banker at 262-363-6500.



*Fee applies for stop payment. See current fee schedule for details.

P.O. Box 223

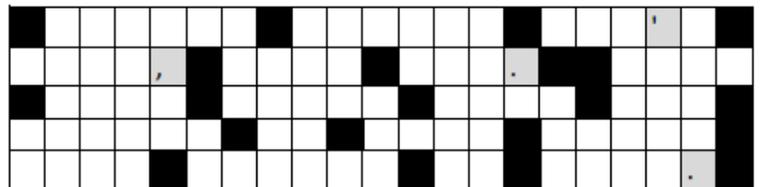
Mukwonago, WI 53149

Congratulations to Mary M. for winning the drawing for our last Puzzle Challenge! Your certificate is in the mail!

Last issue's solution: *Life is like an ice cream cone on a hot summer day. Enjoy it before it melts away.* ~Charles M. Schultz

Place each letter in its proper place for a timely quote. Hint: Gray squares contain punctuation. Submit solution to Cheryl (mail or email cchapman@citizenbank.bank) by December 15th to be entered into a drawing for a \$10 Good Life Club gift certificate! (Quote must be correct.)

Puzzle Challenge



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